



## M22 IPL Skin Resurfacing Photo Treatment (Fitzpatrick Scale Skin Type I – IV)

M22 IPL resurfacing photo technology treats pigmentation and vascular imperfections, while improving your skin's overall appearance. Light pulses move through the skin, creating heat and targeting skin imperfections in a controlled way. The treated area then flakes off when your skin goes through its natural and constant process of exfoliation. At the same time, collagen and elastic fibers are stimulated, which results in a visible improvement of your skin's tone and overall appearance.

### Treatable Conditions:

- Acne
- Fine Lines and Wrinkles
- Age Spots
- Rosacea
- Broken Capillaries
- Hyperpigmentation
- Sun Damage

### Contraindications:

If you are prone to developing red, raised keloid scars or other forms of excess scarring, hyperpigmentation, or hypopigmentation. You are also not a good candidate for intense pulsed light therapy if you do not heal well from burns or if you have uncontrolled diabetes, as this disease may affect your body's wound-healing ability. Autoimmune diseases, such as lupus, may also prevent you from receiving M22 IPL.



What are possible laser resurfacing side effects?

**DISCOMFORT** - Some discomfort may be experienced during and after the procedure.

**INFECTION** - Skin infection is a possibility although rare, whenever a skin procedure is performed.

**PIGMENT CHANGES (Skin Color)** - During the healing process, there is a possibility that the treated area can become either lighter or darker in color compared to the surrounding skin. This is usually temporary, but on rare occasion, it may be permanent.

**SCARRING** - Scarring is a rare occurrence, but is a possibility when the skin's surface is disrupted. To minimize the chances of scarring, it is **IMPORTANT** that you follow all post treatment instructions carefully

**SKIN SWELLING** - Some bruising and swelling normally occur. The skin in or near the surgical site can appear either lighter or darker than surrounding skin.

**SCABBING** - Some scabbing may occur for hyperpigmentation treated area which remains on the skin at least 5 days until has healed.



## M22 IPL Skin Resurfacing Photo Post-Treatment Instructions

- Recovery with the IPL is minimal. Your face may be mildly red for several hours after the procedure but this will subside. Pigmented areas on your skin will become darker initially, and then wash off over the following week. This may last 1 day but can last 2 weeks.
- You should be able to resume all of your regular activities immediately as long as you wear sunscreen and protect your skin. By dividing the full program into several treatments, the procedure provides progressive improvement with very low risk.
- You will need to avoid the sun as much as possible before and after the treatment, and no treatment will be provided if you are sunburned or using a tanning bed. Self tanners are also a contraindication unless you can completely exfoliate it off prior to your treatment. Sunscreen with a minimum of SPF 30 should be utilized daily, at all times of the year.
- The treated skin will feel softer and exhibit a more even skin tone. Fine lines and wrinkles will also improve, along with hyperpigmentation and age spots and a reduction in pore size.
- Rosacea sufferers will see a marked reduction in breakouts and in some cases may be able to decrease or discontinue their medication.
- Gently cleanse the treated areas with mild soap and water, then pat the area dry. Do not soak treated areas. Do not rub or scratch the treated area.
- Use non-soap cleanser and gentle moisturizer.
- If crusting or scabbing occurs do not shave or pick the area.
- Apply a moisturizer to the area 2-3 times a day. Keep the area moist, and let the crusting/scabbing resolve on its own.
- Makeup may be applied the next day.
- Redness and swelling can last 1-2 days.



- Avoid sun exposure and use minimum SPF 30+ broad spectrum sunscreen and continue to use daily.
- Avoid contact sports or any other activity that could cause injury of the treated area.
- Avoid topical retinoid, glycolic acid, or salicylic acid for 3-4 nights.
- Avoid swimming, soaking or using hot tubs/whirlpools until the skin heals (about 48 hours post treatment).
- Following the recommended post treatment protocol will likely improve the results and reduce the chance of small adverse events. Failure to comply may result in or increase the chance of complications such as: hyper or hypopigmentation, etc.

Before And after



Before And after



Before And after

Results are not guaranteed and may vary from person to person.